

About Our Medical Director

Jeffrey R. Perelman, M.D. completed his medical training in 1981 and internship, residency and fellowship in primary and specialty care in the early 1980s at Columbia University and New York Medical College affiliated institutions including Columbia Presbyterian Medical Center, St. Luke's Roosevelt Hospital Center and New York Health and Hospitals Medical Center.

More recently, he completed rigorous fellowship training in Anti-Aging, Regenerative and Functional Medicine and is a Diplomat of the American Board of Anti-Aging and Functional Medicine and an active member of the American Academy of Anti-Aging Medicine. In 2005, with the advancing acceptance and demand for optimum health and lifestyle, wellness programs, nutritional counseling, preventative medical care and functional medicine, Dr. Perelman limited his practice exclusively to Age Management and Hormone Replacement Therapy.

Along with the medical and administrative staff, he cares for both men and women over the age of 30 from all walks of life, who are serious about good health and maximum quality of life.